		MIDDLE SCHOOL – OFS TIGERS		
	AGE CATEGO	RIES/AGE GUIDELINES FOR ACADEMIC YEA	R 2025-2026	
	Registration Open: 1 August 2025 (via Parents' account)			
Season 1	Registration Close: 12 August 2025 at 12:00pm			
MS	Sports	Age	Training Days	Duration
Morning Trainings	11U Boys Tennis	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
7:00 - 8:30am Afternoon Trainings 3:30 - 5:00pm	11U Girls Tennis	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	25 August to 8 November 2025
	11U Boys Basketball	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Girls Basketball	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	12U Boys Badminton	Students born in 1 June 2013 - 31 May 2014	Monday & Tuesday	
	12U Girls Badminton	Students born in 1 June 2013 - 31 May 2014	Monday & Tuesday	
	12U Girls Touch	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	12U Girls Netball	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	14U Boys Rugby	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Boys Badminton	Students born in 1 June 2011 - 31 May 2013	Monday & Tuesday	
	14U Girls Badminton	Students born in 1 June 2011 - 31 May 2013	Monday & Tuesday	
	14U Mixed Cricket	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Girls Touch	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	MS Cross Country	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday	
	11U Boys Badminton (Pre-Season)	Students born in 1 June 2014 - 31 May 2015	Wednesday	
	11U Girls Badminton (Pre-Season)	Students born in 1 June 2014 - 31 May 2015	Wednesday	
	14U Boys Table Tennis (Pre-Season)	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
	14U Girls Table Tennis (Pre-Season)	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
Trainings	Gymnastics	Grades 6 to 8	3 Sessions a week	Full Year
	Swimming	Grades 6 to 8	Min. 6 Sessions a week	
Season 2	Registration Open: 14 October 2025 (via Parents' account)			
	Registration Close: 9 November 2025 at 12:00pm			
MS	Sports	Age	Training Days	Duration
	11U Boys Badminton	Students born in 1 June 2014 - 31 May 2015	Monday & Tuesday	17 November 202 to 14 February 202
Afternoon Trainings 3:30 - 5:00pm	11U Girls Badminton	Students born in 1 June 2014 - 31 May 2015	Monday & Tuesday	
	11U Boys Football	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Girls Football	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	12U Boys Basketball	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	12U Girls Basketball	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	12U Mixed Cricket	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	14U Boys Table Tennis	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
	14U Girls Table Tennis	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
	14U Boys Volleyball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Girls Volleyball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
		Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Boys Football			_
	14U Girls Football	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	_
	14U Girls Football 14U Girls Netball	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday Tuesday & Thursday	-
Season 3	14U Girls Football	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013		-
Season 3	14U Girls Football 14U Girls Netball	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account)		
Season 3 MS	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Age		Duration
	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Age Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday Training Days Tuesday & Thursday	Duration
MS Morning Trainings	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Age Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday Training Days Tuesday & Thursday Tuesday & Thursday Tuesday & Thursday	Duration
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MS Morning Trainings	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Boys Tennis 14U Boys Tennis 14U Boys Tennis 14U Girls Tennis 14U Girls Tennis	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday Training Days Tuesday & Thursday Tuesday & Thursday Tuesday & Thursday Tuesday & Thursday Tuesday & Thursday	Duration
MS Morning Trainings	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Boys Tennis 14U Boys Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Mixed Cricket	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2013	Tuesday & Thursday Training Days Tuesday & Thursday	Duration
MS Morning Trainings	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Girls Tennis 11U Mixed Cricket 11U Mixed Netball	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2013 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
MS Morning Trainings	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 11U Mixed Cricket 11U Mixed Netball 11U Mixed Rugby	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	16 February to
MS Morning Trainings 7:00 - 8:30am	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 11U Mixed Cricket 11U Mixed Netball 11U Mixed Rugby 11U Mixed Touch	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
MS Morning Trainings	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 11U Mixed Cricket 11U Mixed Netball 11U Mixed Rugby 11U Mixed Touch 12U Boys Football	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday Monday & Wednesday	16 February to
MS Morning Trainings 7:00 - 8:30am	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 11U Mixed Cricket 11U Mixed Netball 11U Mixed Rugby 11U Mixed Touch 12U Boys Football 12U Girls Football	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday Monday & Wednesday Monday & Wednesday	16 February to
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MS Morning Trainings 7:00 - 8:30am	14U Girls Football 14U Girls Netball Registration Open: 26 January 2020 Registration Close: 8 February 2020 Sports 12U Boys Tennis 12U Girls Tennis 14U Girls Tennis 14U Girls Tennis 14U Girls Tennis 11U Mixed Cricket 11U Mixed Netball 11U Mixed Rugby 11U Mixed Touch 12U Boys Football 12U Girls Football	Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 6 (via Parents' account) 6 at 12:00pm Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2011 - 31 May 2013 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2014 - 31 May 2015 Students born in 1 June 2013 - 31 May 2014 Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday Monday & Wednesday Monday & Wednesday	16 February to