

MIDDLE SCHOOL – OFS TIGERS				
AGE CATEGORIES/AGE GUIDELINES FOR ACADEMIC YEAR 2025-2026				
Season 1	Registration Open: 1 August 2025 (via Parents' account)			
	Registration Close: 12 August 2025 at 12:00pm			
MS	Sports	Age	Training Days	Duration
Morning Trainings 7:00 – 8:30am	11U Boys Tennis	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	25 August to 8 November 2025
	11U Girls Tennis	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
Afternoon Trainings 3:30 – 5:00pm	11U Boys Basketball	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Girls Basketball	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	12U Boys Badminton	Students born in 1 June 2013 - 31 May 2014	Monday & Tuesday	
	12U Girls Badminton	Students born in 1 June 2013 - 31 May 2014	Monday & Tuesday	
	12U Girls Touch	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	12U Girls Netball	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	14U Boys Rugby	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Boys Badminton	Students born in 1 June 2011 - 31 May 2013	Monday & Tuesday	
	14U Girls Badminton	Students born in 1 June 2011 - 31 May 2013	Monday & Tuesday	
	14U Mixed Cricket	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Girls Touch	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	MS Cross Country	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday	
	11U Boys Badminton (Pre-Season)	Students born in 1 June 2014 - 31 May 2015	Wednesday	
	11U Girls Badminton (Pre-Season)	Students born in 1 June 2014 - 31 May 2015	Wednesday	
14U Boys Table Tennis (Pre-Season)	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday		
14U Girls Table Tennis (Pre-Season)	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday		
Trainings	Gymnastics	Grades 6 to 8	3 Sessions a week	Full Year
	Swimming	Grades 6 to 8	Min. 6 Sessions a week	
Season 2	Registration Open: 14 October 2025 (via Parents' account)			
	Registration Close: 9 November 2025 at 12:00pm			
MS	Sports	Age	Training Days	Duration
Afternoon Trainings 3:30 – 5:00pm	11U Boys Badminton	Students born in 1 June 2014 - 31 May 2015	Monday & Tuesday	17 November 2025 to 14 February 2026
	11U Girls Badminton	Students born in 1 June 2014 - 31 May 2015	Monday & Tuesday	
	11U Boys Football	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Girls Football	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	12U Boys Basketball	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	12U Girls Basketball	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	12U Mixed Cricket	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	14U Boys Table Tennis	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
	14U Girls Table Tennis	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
	14U Boys Volleyball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Girls Volleyball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Boys Football	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Girls Football	Students born in 1 June 2011 - 31 May 2013	Monday & Wednesday	
	14U Girls Netball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
Season 3	Registration Open: 26 January 2026 (via Parents' account)			
	Registration Close: 8 February 2026 at 12:00pm			
MS	Sports	Age	Training Days	Duration
Morning Trainings 7:00 – 8:30am	12U Boys Tennis	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	16 February to 16 May 2026
	12U Girls Tennis	Students born in 1 June 2013 - 31 May 2014	Tuesday & Thursday	
	14U Boys Tennis	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Girls Tennis	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
Afternoon Trainings 3:30 – 5:00pm	11U Mixed Cricket	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Mixed Netball	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Mixed Rugby	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	11U Mixed Touch	Students born in 1 June 2014 - 31 May 2015	Tuesday & Thursday	
	12U Boys Football	Students born in 1 June 2013 - 31 May 2014	Monday & Wednesday	
	12U Girls Football	Students born in 1 June 2013 - 31 May 2014	Monday & Wednesday	
	13U Boys Rugby	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
	14U Boys Basketball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday	
14U Girls Basketball	Students born in 1 June 2011 - 31 May 2013	Tuesday & Thursday		