

HIGH SCHOOL – OFS TIGERS					
AGE CATEGORIES/AGE GUIDELINES FOR ACADEMIC YEAR 2026-2027					
Full Year	Registration Open: 28 July 2026 (via Parents' account)				
	Registration Close: 16 August 2026 at 12:00pm				
	Trials: 17 August to 20 August 2026				
Morning Trainings 6:30 - 8:30am	Swimming	Grades 9 to 12	Min. 7 Sessions a week	24 August 2026 to 31 October 2026	
Afternoon Trainings 3:30 - 5:45pm					
Season 1	Registration Open: 28 July 2026 (via Parents' account)				
	Registration Close: 11 August 2026 at 12:00pm				
	Trials: 12 August to 20 August 2026				
HS	Sports	Age	Training Days	Duration	
Morning Trainings 7:00 - 8:30am	19U Girls Volleyball	Students born in 1 June 2007 - 31 May 2010	Monday, Wednesday, Friday	24 August 2026 to 31 October 2026	
	16U Boys Basketball (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Wednesday		
	19U Boys Basketball (Pre-Season)	Students born in 1 June 2007 - 31 May 2010	Tuesday & Thursday		
	14U Boys Football (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Thursday		
	14U Girls Football (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Wednesday		
	14U Boys Volleyball (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Tuesday		
	14U Girls Volleyball (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Tuesday		
	16U Boys Rugby (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Monday, Wednesday		
	16U Girls Netball (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Monday		
	16U Girls Touch (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Tuesday		
	19U Boys Rugby (Pre-Season)	Students born in 1 June 2007 - 31 May 2010	Monday, Wednesday		
	19U Girls Touch (Pre-Season)	Students born in 1 June 2007 - 31 May 2010	Tuesday		
Afternoon Trainings 3:30 - 5:00pm	14U Boys Badminton	Students born in 1 June 2012 - 31 May 2014	Monday & Tuesday		
	14U Girls Badminton	Students born in 1 June 2012 - 31 May 2014	Monday & Tuesday		
	14U Mixed Cricket	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Boys Rugby	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Touch	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	16U Boys Football	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Girls Football	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Boys Volleyball	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Girls Volleyball	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	19U Boys Football	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Girls Football	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Boys Table Tennis	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Girls Table Tennis	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Boys Volleyball	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	14U Boys Table Tennis (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Monday & Wednesday		
	14U Girls Table Tennis (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Monday & Wednesday		
	16U Boys Basketball (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Tuesday & Thursday		
	19U Boys Basketball (Pre-Season)	Students born in 1 June 2007 - 31 May 2010	Tuesday & Thursday		
Season 2	Registration Open: 20 October 2026 (via Parents' account)				
	Registration Close: 1 November 2026 at 12:00pm				
	Trials: 2 November to 6 November 2026				
HS	Sports	Age	Training Days	Duration	
Morning Trainings 7:00 - 8:30am	19U Boys Tennis	Students born in 1 June 2007 - 31 May 2010	Tuesday & Thursday	10 November 2026 to 20 February 2027	
	19U Girls Tennis	Students born in 1 June 2007 - 31 May 2010	Tuesday & Thursday		
Afternoon Trainings 3:30 - 5:00pm	14U Boys Football	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Football	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Boys Table Tennis	Students born in 1 June 2012 - 31 May 2014	Monday & Wednesday		
	14U Girls Table Tennis	Students born in 1 June 2012 - 31 May 2014	Monday & Wednesday		
	14U Boys Volleyball	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Volleyball	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	16U Boys Basketball	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Girls Basketball	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Girls Netball	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Boys Rugby	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	16U Girls Touch	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday		
	19U Boys Basketball	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Girls Basketball	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Boys Rugby	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	19U Girls Touch	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday		
	16U Boys Badminton (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Wednesday		
	16U Girls Badminton (Pre-Season)	Students born in 1 June 2010 - 31 May 2012	Wednesday		
	19U Boys Badminton (Pre-Season)	Students born in 1 June 2007 - 31 May 2010	Wednesday		
	19U Girls Badminton (Pre-Season)	Students born in 1 June 2007 - 31 May 2010	Wednesday		
Season 3	Registration Open: 9 March 2027 (via Parents' account)				
	Registration Close: 21 March 2027 at 12:00pm				
	Trials: 22 March to 26 March 2027				
HS	Sports	Age	Training Days	Duration	
Morning Trainings 7:00 - 8:30am	14U Boys Tennis	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Tennis	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	19U Boys Softball	Students born in 1 June 2007 - 31 May 2010	Wednesday		
	14U Boys Basketball	Students born in 1 June 2012 - 31 May 2014	Tuesday and Thursday		
	14U Girls Basketball	Students born in 1 June 2012 - 31 May 2014	Tuesday and Thursday		

Afternoon Trainings 3:30 - 5:00pm	14U Girls Netball	Students born in 1 June 2012 - 31 May 2014	Tuesday and Thursday	1 March 2027 to 15 May 2027
	16U Boys Badminton	Students born in 1 June 2010 - 31 May 2012	Monday & Tuesday	
	16U Girls Badminton	Students born in 1 June 2010 - 31 May 2012	Monday & Tuesday	
	16U Boys Table Tennis	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday	
	16U Girls Table Tennis	Students born in 1 June 2010 - 31 May 2012	Monday & Wednesday	
	19U Boys Badminton	Students born in 1 June 2007 - 31 May 2010	Monday & Tuesday	
	19U Girls Badminton	Students born in 1 June 2007 - 31 May 2010	Monday & Tuesday	
	19U Girls Netball	Students born in 1 June 2007 - 31 May 2010	Monday & Wednesday	
	19U Boys Softball	Students born in 1 June 2007 - 31 May 2010	Friday	