

MIDDLE SCHOOL – OFS TIGERS					
AGE CATEGORIES/AGE GUIDELINES FOR ACADEMIC YEAR 2026-2027					
Full Year	Registration Open: 28 July 2026 (via Parents' account)				
	Registration Close: 16 August 2026 at 12:00pm				
	Trials: 17 August to 20 August 2026				
Morning Trainings 6:30 - 8:30am	Swimming	Grades 6 to 8	Min. 6 Sessions a week	24 August 2026 to 31 October 2026	
Afternoon Trainings 3:30 - 5:45pm					
Afternoon Trainings 3:30 - 6:00pm	Gymnastics	Grades 6 to 8	3 Sessions a week		
Season 1	Registration Open: 28 July 2026 (via Parents' account)				
	Registration Close: 16 August 2026 at 12:00pm				
	Trials: 17 August to 20 August 2026				
MS	Sports	Age	Training Days	Duration	
Morning Trainings 7:00 - 8:30am	11U Boys Tennis	Students born in 1 June 2015 - 31 May 2017	Monday & Thursday	24 August 2026 to 31 October 2026	
	11U Girls Tennis	Students born in 1 June 2015 - 31 May 2017	Monday & Thursday		
	14U Boys Football (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Thursday		
	14U Girls Football (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Wednesday		
	14U Boys Volleyball (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Tuesday		
	14U Girls Volleyball (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Tuesday		
Afternoon Trainings 3:30 - 5:00pm	11U Boys Basketball	Students born in 1 June 2015 - 31 May 2017	Tuesday & Thursday		
	11U Girls Basketball	Students born in 1 June 2015 - 31 May 2017	Tuesday & Thursday		
	12U Boys Badminton	Students born in 1 June 2014 - 31 May 2016	Monday & Tuesday		
	12U Girls Badminton	Students born in 1 June 2014 - 31 May 2016	Monday & Tuesday		
	12U Girls Touch	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	12U Girls Netball	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	14U Boys Rugby	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Boys Badminton	Students born in 1 June 2012 - 31 May 2014	Monday & Tuesday		
	14U Girls Badminton	Students born in 1 June 2012 - 31 May 2014	Monday & Tuesday		
	14U Mixed Cricket	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Boys Rugby	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Touch	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	MS Cross Country	Students born in 1 June 2012 - 31 May 2015	Monday & Wednesday		
	11U Boys Badminton (Pre-Season)	Students born in 1 June 2015 - 31 May 2017	Wednesday		
	11U Girls Badminton (Pre-Season)	Students born in 1 June 2015 - 31 May 2017	Wednesday		
	14U Boys Table Tennis (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Table Tennis (Pre-Season)	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
Season 2	Registration Open: 20 October 2026 (via Parents' account)				
	Registration Close: 1 November 2026 at 12:00pm				
	Trials: 2 November to 6 November 2026				
MS	Sports	Age	Training Days	Duration	
Afternoon Trainings 3:30 - 5:00pm	11U Boys Badminton	Students born in 1 June 2015 - 31 May 2017	Monday & Tuesday	10 November 2026 to 20 February 2027	
	11U Girls Badminton	Students born in 1 June 2015 - 31 May 2017	Monday & Tuesday		
	11U Boys Football	Students born in 1 June 2015 - 31 May 2017	Tuesday & Thursday		
	11U Girls Football	Students born in 1 June 2015 - 31 May 2017	Tuesday & Thursday		
	12U Boys Basketball	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	12U Girls Basketball	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	12U Mixed Cricket	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	12U Boys Gaelic Football	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	12U Girls Gaelic Football	Students born in 1 June 2014 - 31 May 2016	Tuesday & Thursday		
	12U Mixed Table Tennis	Students born in 1 June 2014 - 31 May 2016	Monday & Wednesday		
	14U Boys Football	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Football	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Boys Table Tennis	Students born in 1 June 2012 - 31 May 2014	Monday & Wednesday		
	14U Girls Table Tennis	Students born in 1 June 2012 - 31 May 2014	Monday & Wednesday		
	14U Boys Volleyball	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Volleyball	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
Season 3	Registration Open: 9 March 2027 (via Parents' account)				
	Registration Close: 21 March 2027 at 12:00pm				
	Trials: 22 March to 26 March 2027				
MS	Sports	Age	Training Days	Duration	
Morning Trainings 7:00 - 8:30am	12U Boys Tennis	Students born in 1 June 2014 - 31 May 2016	Tuesday and Thursday	1 March 2027 to 15 May 2027	
	12U Girls Tennis	Students born in 1 June 2014 - 31 May 2016	Tuesday and Thursday		
	14U Boys Tennis	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
	14U Girls Tennis	Students born in 1 June 2012 - 31 May 2014	Tuesday & Thursday		
Afternoon Trainings 3:30 - 5:00pm	11U Mixed Touch	Students born in 1 June 2015 - 31 May 2017	Tuesday and Thursday		
	11U Mixed Rugby	Students born in 1 June 2015 - 31 May 2016	Tuesday and Thursday		
	11U Mixed Netball	Students born in 1 June 2015 - 31 May 2017	Tuesday and Thursday		
	11U Mixed Cricket	Students born in 1 June 2015 - 31 May 2017	Tuesday and Thursday		
	12U Boys Football	Students born in 1 June 2014 - 31 May 2016	Monday and Wednesday		
	12U Girls Football	Students born in 1 June 2014 - 31 May 2016	Monday and Wednesday		
	12U Boys Volleyball	Students born in 1 June 2014 - 31 May 2016	Tuesday and Thursday		
	12U Girls Volleyball	Students born in 1 June 2014 - 31 May 2016	Tuesday and Thursday		
	13U Boys Rugby	Students born in 1 June 2013 - 31 May 2014	Tuesday and Thursday		
	14U Boys Basketball	Students born in 1 June 2012 - 31 May 2014	Tuesday and Thursday		
	14U Girls Basketball	Students born in 1 June 2012 - 31 May 2014	Tuesday and Thursday		
	14U Girls Netball	Students born in 1 June 2012 - 31 May 2014	Tuesday and Thursday		
	MS Track & Field	Students born in 1 June 2012 - 31 May 2016	Tuesday & Thursday		