



Overseas Family School

Middle School

Master Policy:

To maintain a happy, safe and effective school for overseas families living in Singapore

Principal's Message

As we approach the end of another school year, it is time to reflect on the journey we have shared together and celebrate the achievements of our students.

I want to extend my congratulations to our Grade 8 students who are about to begin a new chapter in their academic journey. Your hard work, dedication, and resilience have been inspiring, and we are proud of the young individuals you have become. Remember, your time here has prepared you well for the challenges that lie ahead and you will only be a few floors away. You are always welcome to visit!

The Middle School performance of Annie Jr was a great success! The students involved have been working since August and all of their hard work was evident in the amazing performances. Well done to all involved! Thank you also to the teachers who put in many hours on this production.

As we look forward to the upcoming holidays, I hope you will all take time to reconnect with family, relax, and rejuvenate. It has been a busy year filled with learning and growth, and holiday is the perfect opportunity to recharge our batteries.

As always, I am grateful for the support of our parents, the dedication of our teachers and staff, and the enthusiasm of our students.

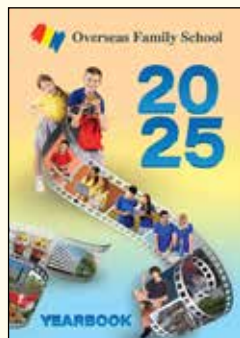
Wishing you all a wonderful end to the school year and an enjoyable holiday ahead!

Arin Mares

Arin Mares
Middle School Principal
arin_mares@ofs.edu.sg



Yearbook 2025 will be available at the School Shop from 28 May 2025



From The Parent Association (PA) Desk

As the academic year draws to a close, the PA wishes all of you a very happy and safe summer. We hope you have enjoyed the events we organised this year, and look forward to seeing all of you again during the "Welcome All New Parents Coffee Morning".

Date: Thursday, 14 August 2025
Time: 10:30 a.m. – 12:00 p.m.
Venue: Parent Lounge
(Level 4 of the Administration Building)

Middle School Cast of Annie Jr the Musical



What a fantastic night! We would like to extend a huge congratulations to the entire Middle School cast of Annie Jr the Musical for their incredible performances. Many months of hard work has paid off, and you delivered a truly wonderful show. It was abundantly clear how much effort, dedication, and heart went into every moment on stage. Each cast member should be very proud of the growth in their singing, acting and performance skills—your passion really shone through. Bravo to everyone involved!!

(Jason Currie – Teacher in Charge)

Annual Uniform & Stationery Sale – Academic Year 2025-2026

No purchases without recently issued OFS Security Pass. Please contact the school at **6738 0211** if you have not received your pass.

ONLINE ORDER

Duration: From Monday, 14 July to Tuesday, 5 August 2025
Website: <https://www.ofs.edu.sg/my-ofs/schoolshop/OnlineSchoolShop.jsp>

Delivery service is available at S\$30.00 per trip.

ON-SITE SALE

Duration: From Monday, 28 July to Friday, 15 August 2025
Venue: OFS School Shop located at Level 2, Administration Block A

Important: All purchases will be charged to your Family Account only.

For more information, please visit:
<https://www.ofs.edu.sg/events/2025/annual-uniform-stationery-sale/>



Deputy Principal's Message



As the academic year draws to a close, we extend our sincere congratulations to our Middle School students on the successful completion of another enriching and productive period. This year has been marked by a diverse array of engaging events, including educational camps, insightful excursions, spirited sports competitions, and captivating performances.

The culmination of Semester 2 involves our internal Examination Week. These assessments serve as one component of our comprehensive evaluation strategy, designed to cultivate effective study habits and provide students with valuable experience in formal examination settings. Like all assessment tasks, these examinations offer students an opportunity to demonstrate their learning and academic growth throughout the year.

We will bid farewell to our graduating Grade 8 students with a mix of pride and nostalgia, celebrating their achievements and contributions to the Middle School during the upcoming Grade 8 Graduation Ceremony and Prom. Simultaneously, we eagerly anticipate welcoming our new Grade 5 families in August.

Furthermore, we are pleased to host our annual SPP Celebration, acknowledging the diligent effort and remarkable progress of our students within the SPP program. Their advancement in such a condensed time frame is truly commendable. We extend our warmest congratulations to all involved.

Our end-of-year assemblies will provide a further opportunity to reflect upon the collective accomplishments and highlights of the past year.

We wish all our families a safe, restful, and enjoyable break and eagerly look forward to welcoming you back in August.

(Hayley Brian – Middle School Deputy Principal)

hayley_brian@ofs.edu.sg

Middle School Service Club

Middle School Service Club has had a very active semester. Students led the way in brainstorming and organising activities that would best serve the elderly at the NTUC Nursing Home in Pasir Ris. They have learnt what looking after residents with dementia and mobility issues involves and have come up with engaging and interactive activities. In addition to this, we managed to fit in a trip to Willing Hearts where students had the opportunity to experience preparing meals for the needy. We have continued to collect, sort and recycle paper from classrooms around Middle School. A number of students have also been learning how to knit and are hoping to complete squares for Knit a Square in South Africa. It has been a fun and fulfilling club which has continued to serve both the school and local community.

(Jessica Purchase and Salwana Salahudeen – Teachers-in-Charge)



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Grade 5 transition 14 to 17 April 2025

Grade 5 students from the Elementary School had an opportunity to experience MYP Sciences when they visited the Middle School Science department. The students visited a Grade 6 Science class who demonstrated and described a range of experiments and learning activities they had experienced in their first year of the MYP Sciences course. Activities included using a Bunsen burner, heating water, separating sand and water, distillation, crushing can, investigating flight (paper helicopter), expansion, dissolving chemicals and investigating the speed of a toy car moving down a ramp. Grade 5 students were allowed 'hands-on' experience guided by the Grade 6 students. Grade 6 students stepped up to the task, preparing carefully and giving great descriptions and instructions to allow the Grade 5 students to safely try some of the tasks and sharing some of the many hands-on practical opportunities they have had in Grade 6 MYP Sciences throughout the year. Science is not just educational, it is also great fun!

(Stephen Foster – SAL Sciences)



Educational Intervention Team

Kindness: the quality of being friendly, generous, and considerate.

— Oxford English Dictionary (Oxford Languages)

Kindness means being caring, helpful, and thoughtful toward others. It is about treating people with respect, showing empathy, and doing things that make someone feel good, supported, or included. Kindness can be as simple as smiling at someone, holding the door open, or saying something encouraging. It is not just about big actions— it is the small, everyday choices to be a good person that really make a difference.

Being kind to others means treating everyone with respect, even if they think, act, or learn differently than you do. Some people are neurodiverse, which means their brains work in unique ways. They might have autism, ADHD, or other conditions that affect how they see the world. That does not make them “weird” or “wrong”—it just makes them different, like how we all have different talents, interests, and personalities. Being kind means including them, listening, and trying to understand how they feel.

It is also important not to label people or make fun of them because of how they act or learn. Labels can hurt and make someone feel like they do not belong. Instead of focusing on what makes someone different, try to find what you have in common. Everyone wants to feel accepted and appreciated. When you are open-minded and kind, you help create a place where everyone can feel safe, valued, and free to be themselves.

(Rizal Baharom – Middle School Intervention Leader)





OFS Tigers

The OFS Tigers continue to progress and compete at the highest levels of sport at ACSIS Conference, Singapore National and World international levels.



OFS have been absolutely on fire, showing incredible skill, dedication, and teamwork that's earned them recognition in a wide range of sports and cementing the OFS names as one of the strongest sporting outfits in the country.

The Junior Swimming team has made us incredibly proud, being crowned the **TOP INTERNATIONAL SCHOOL TEAM IN SINGAPORE** at the recent Singapore Nationals! The swimmers have broken ACSIS and National records and achieved their biggest medal haul to date. OFS Swimmers qualified for and competed at Swimming World Cup and have been selected to represent the Singapore at the forthcoming South East Asia (AG) Championships. The swimmers this year have broken ACSIS as well as National records – some that have stood for 23 years.

In addition to the swimmers, the OFS Tigers have National Champion and National Gold Medalists among them.

Our OFS Tigers ACSIS teams have been dominant. Crowned as ACSIS Champions in everything from Badminton, Basketball, Cross Country, Football, Gymnastics, Swimming, Table Tennis, Tennis, Touch Rugby, Volleyball as well as achieving top 3 positions in Cricket Netball, Rugby and Volleyball. The Academic Year 2024–2025 saw the return of (Middle School) Track and Field as well as Softball to ACSIS competitions – while also increasing the provision for Badminton, Basketball, Football, Netball and Tennis.

The bar is set very high moving into the next year as we seek out new opportunities and new challenges for our strongest teams.

All these fantastic achievements will be celebrated at the OFS Tigers Annual Sports Awards at the end of May, where we will be recognizing the outstanding contributions of our athletes, coaches and teams. Trophies for the Most Valuable, Most Improved, Tigers Spirit, Team of the Year, and Coach of the Year are up for grabs with the highlight of the evening being the crowning of the OFS Tigers Sportsperson of the Year trophy, awarded to the athlete who has demonstrated exceptional sporting excellence, leadership, and school spirit. It is going to be an unforgettable night celebrating our exceptional students, teams, coaches and school.

Here's to many more victories and achievements!

(Gil Levy – Head of Competitive Sport)

Careers Week: Student Council Inspiring Futures at OFS



From 21 to 25 April 2025, the Middle School Student Council Representative Club proudly organized a successful Careers Week at Overseas Family School. The event featured an impressive lineup of guest speakers from a wide range of industries, offering students valuable firsthand insights into the world of work.

Throughout the week, professionals including a veterinarian, teachers, a psychologist, a tech company marketing expert, a fintech and banking specialist, and even a lawyer—who brought along authentic wigs and robes used in court—shared their career journeys. They spoke about the qualifications needed in their fields, what a typical day looks like, their best and most challenging moments, and valuable advice for those considering similar paths.

Careers Week was a great success, with strong student attendance across all sessions. Students engaged enthusiastically, asking thoughtful questions and making the most of the opportunity to learn from real-world experiences. Some students even took their initiative further by networking with the speakers, aiming to secure potential internships for their Grade 12 year!

The week was a true celebration of curiosity, ambition, and future possibilities. A big thank you to all the speakers, students, Middle School office and the Student Council Representative Club for making Careers Week 2025 an inspiring event to remember!

(Teresa Rodriguez Alvarado and James Chapman - Teachers in charge)

Earth Week Highlights in MS

We have had a fantastic Earth Week full of learning, creativity, and action! Tuesday, 22 April 2025 was the official Earth Day, and our students showcased their eco-knowledge in the inter-homebase Sustainability Quiz – may the most planet-loving team win! An engaging lunchtime session in the OFS atrium where students wrote their pledges for the environment, took part in sustainability quizzes, and explored fun ways to protect our planet. On Friday, 25 April, creativity took center stage with our “Rags to Riches” Tote Bag Workshop, where students turned old t-shirts into eco-friendly bags — giving fashion a sustainable twist! A big thank you to all who participated and helped raise awareness about caring for our one and only Earth!

(Eileen Pallaris – SAL Language Acquisition)

