



Overseas Family School

Middle School

Master Policy:

To maintain a happy, safe and effective school for overseas families living in Singapore

Principal's Message

This month has been a mix of energy, empathy, and intellectual growth. From the adrenaline of the sports fields to the thoughtful discussions in our classrooms and the diplomacy of the MUN floor, our students have shown what it means to be a well-rounded and supportive community.



Our recent Sports Day was a great success, defined by a perfect balance of competition and genuine camaraderie. It was great to watch our students showcase their athletic talents across the fields and courts, but the real highlight was the spirit of collaboration that was prevalent throughout the day. Whether they were scoring the winning goal or coordinating a strategic play, students demonstrated that working together is just as important as the final score.

We also celebrated Neurodiversity Week. This was an important time for our students to reflect on the fact that our brains are all wired differently, and it is precisely this variety that makes our school such an interesting and vibrant place to learn. By discussing these differences openly, we worked together to break down old stereotypes and foster a culture where being different is not just accepted, but celebrated. We have learned that awareness is the first step toward true inclusion, and we are proud of our students for embracing the idea that every unique perspective adds value to our collective "mix."

Our Grade 7 and Grade 8 students recently stepped into the world of international relations through their Model United Nations Interdisciplinary Units. This experience challenged them to navigate the complexities of real-life diplomacy by representing diverse nations and interests. While the program is well-known for sharpening public speaking skills and confidence, our students discovered a deeper truth about the diplomatic process: the most effective leaders are often the best listeners. By engaging in these high-stakes simulations, they learned that finding common ground requires patience and empathy, skills that will serve them well far beyond the walls of the classroom.

A huge thank you to all the staff, parents, and students who made these events possible.

Arin Mares
Middle School Principal
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Middle School Sports Day

Energy levels were at an all-time high as our Middle School students took a break from their studies to compete in this year's Sports Day. The day was packed with high-intensity matches and team spirit, featuring a rotation of events across three different venues. On the field, football matches saw some impressive footwork and strategic plays, while over on the courts, the basketball games were fast-paced and full of great shooting. The highlight for many was Bucketball in the swimming pool, a unique twist on the game that kept everyone cool while testing their coordination and teamwork in the water.

Beyond the scores and trophies, the day was really about building community and showing off our school's athletic talent. It was great to see students cheering each other on and displaying excellent sportsmanship across all three venues. Whether they were scoring a goal, sinking a basket, or making a splash in the pool, every student contributed to a fantastic atmosphere of friendly competition.

(Jonathan Wilkinson – Academic Coordinator)



From The Parent Association (PA) Desk

We're excited to announce that our biggest event of the year is finally here — the Global Picnic is coming! Countries from all around the world are already gearing up for this incredible moment. We'd love for all OFS families to come along and be part of it. Expect a day filled with amazing food from different cultures, fun games for everyone, and performances that will leave you wanting more. And that's not all — we'll also be hosting a Parents Tour in April, giving you the chance to get a real taste of Singapore's culture and all it has to offer. We can't wait to see you there!





Deputy Principal's Message



April is upon us, and with it comes a burst of activity and excitement! We have wrapped up a dynamic Quarter 3, and now we are eagerly diving into the final stretch of the school year. Our Grade 8 students have officially charted their course for the adventures of High School, and the anticipation is palpable! It has been a true privilege witnessing their growth and development over the past three years. We are brimming with pride and wish them a fantastic final few months with us. Simultaneously, we are extending a warm welcome to our soon-to-be Grade 6 students – our current Grade 5 superstars! We hope you are as thrilled as we are about your upcoming journey into Middle School. Get ready for amazing opportunities and unforgettable experiences!

The recent Parent-Student-Teacher conferences were a resounding success, providing a wonderful platform to celebrate our students' remarkable achievements. We are incredibly proud of their dedication and progress. Let us keep that momentum going strong! Our Grade 7 and 8 students also demonstrated their intellectual prowess at the Model United Nations conferences. Grade 7 students delved into the complexities of equitable resource allocation, tackling real-world challenges with thoughtful debate. Meanwhile, our Grade 8 students grappled with the intricacies of Globalisation and Sustainability, showcasing their critical thinking and problem-solving skills. These experiences are invaluable in shaping our future global citizens. We have lots more to look forward to, including the GlobalPicnic, our Middle School Production of 'Wind in the Willows', and our Grade 6 excursion exploring cultural heritage.

I am consistently inspired by the energy, enthusiasm, and intellectual curiosity of our Middle School community. Let us continue to make these last few months of the school year memorable and impactful.

(Hayley Brian – Middle School Deputy Principal)

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Middle School Service Club

NTUC Health Nursing Home (Pasir Ris) Visit on Wednesday, 4 March 2026

In early March the Grade 8 members of the Middle School Service Club enjoyed another outing to the nearby NTUC nursing home in Loyang. Once again, both the students and residents enjoyed an afternoon of fun and laughter together with the OFS students showing their willingness to support and help this elderly community through activities such as a dazzling magic show, a lively and energetic bingo game, a vigorous and active session of balloon tennis and, to cap it all off, a game of pass the parcel! The smiles and laughter of the residents and students once again highlighted the great bond that has been formed through our service club visits and we look forward to going there again soon.

(James Chapman – Teacher-In-Charge Service Club)



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Grade 7 and 8 IDU MUN Conferences

Our Grade 7 and 8 students recently traded their usual lessons for diplomat placards during this year's IDU Model United Nations conferences. The Grade 7 sessions focused on the challenge of resource equity, with students using demographic data to propose real-world solutions for universal access to food, water, and technology. Meanwhile, our Grade 8s wrapped up their final Middle School MUN by tackling the complexities of sustainability. They moved beyond traditional "take-make-waste" models to brainstorm a circular economy that protects both the environment and global trade.

These conferences are a highlight of the year, giving every middle school student the chance to step into the shoes of a world leader. It's not just about the debate; it is about building the essential research and collaboration skills needed to solve big problems. Whether they were negotiating for cleaner air or more ethical supply chains, our delegates showed they have the empathy and the insight to handle the challenges of an interconnected world.

(Jonathan Wilkinson – MUN Coordinator)





Athletics Department

Season 3 is officially underway, and our main focus this year has been getting as many students involved in the Tigers program as possible. To make this happen, we have expanded our team offerings to include three teams each for U8 and U12 Football, five Badminton teams, and two Mixed Netball teams. Our Track and Field program started its "no-cut" policy for all Elementary, Middle, and High School students. Where facility space allowed, we also invited students from previous Table Tennis and Badminton trials to come back and train. These teams are now being led by our new professional external coaches to ensure everyone gets high-quality instruction. Our goal for Season 3 was to increase inclusion, and the numbers show we are on the right track. We reached an overall inclusion rate of 88.2%, which means that for every 10 students who tried out, nearly nine are now representing the school on a team. We are very proud of these participation numbers and look forward to a great season ahead. Our swim team is entered into the 56th National age group swimming championships @OCBC Aquatics Centre.

Tigers Gymnastics Update

Our gymnastics team just finished up a fantastic run at the Junior and Senior National Championships, and I wanted to share some of the highlights. Our Level 4 girls competed on 14 March 2026. In a very competitive field where awards are only given to the top eight finishers, Aadya Anand did a great job placing 7th on Vault and finishing in the top 15 All-around.

A big well done as well to Roni Oren, Marissa Maharani Tosin, Sofia Cianfaglia, and Ziqing Li. The girls performed at a high level, with most of them hitting their personal bests across their events. We also had two of our Elementary Junior girls competing at a higher level for the first time, which was a great milestone for them. Congratulations to the whole team on a successful meet!

(Bruce Shang – Head of Athletics)

77th National Schools Individual Chess Championship 2026



Our OFS students participated in the prestigious National Schools Individual Chess Championship, organised by the Singapore Chess Federation and held at the OCBC Arena on 16 and 17 March 2026.

The tournament brought together a record-breaking 1,900 players from schools across Singapore. A total of 89 OFS students represented our school, including 19 from the Middle School.

Special mention to GUPTA Mihika, NGUYEN Pham Dang Khoa, JHA Abhigyan, KALSI Anaisha, SHANKAR Akhila, DESAI Yashika for achieving great tournament performances, winning medals in their respective age groups.

All our students played exceptionally well, achieving a total of 23 medals. Beyond this, we were especially impressed by their focus, resilience and exemplary sportsmanship throughout the event. We are so proud of all our students for their wonderful efforts.

(Dijana Dengler and Philipp Ziegler - Chess Teachers)